

tFgg[: 8-k; tFgg[

ghl k; : j kH;

, ay; - 3

NehAk; kUe;Jk;

rpWtpdhffs;

**1. Nehapd; ti ffs> mtwi wj; j hffk; topfs; gwwp eYNfrp \$Wtd
ahi t?**

Nehapd; ti ffs;

- ❖ kUej pdhy; ebjFk; Nehafs;
- ❖ vj dhYk; j Bhj j di kAi I a Nehafs;
- ❖ ml q;fp , Uggd Nghy ntsj Nj hwwj j py; nj hpej hYk; KwwpYk;
j Bhky; c sS fFs; , Ue;J J dgk; j Uk; Nehafs; vd Neha;
%dW ti fggLk;

j hffk; topfs;

- ❖ mfwWtj wF mhpai t gpwtj J dgq;fNs MFk;
- ❖ , twi w> ew;fhl rp eyywpT> eynyhOf;fk; vdW %dW
kUe;J fi s eYNfrp \$WfpwJ.

tUKd; fhgNghk;

**2. cly; eyj;Jld; thof; ftkz p \$Wk; fUj;Jfi sj; nj hFj;J
vOJf.**

cly; eyj;Jld; thof; ftkz p \$Wk; fUj;Jfs;

- ❖ fhi yAk> khi yAk; ei lggapwrp Nkwnfhss Ntz Lk;
- ❖ Rjj khd fhwi wr; Rthrpff Ntz Lk;
- ❖ \$i of; Fbj j hYk; Fsj j gpwNf Fbj j y; Ntz Lk;
- ❖ , utpy; edwha; cwqFj y; Ntz Lk;
- ❖ cz i t mstha; cz ;Z j y; Ntz Lk;
- ❖ J}ai kahd Fbell uf; Fbff Ntz Lk;
- ❖ ed;F grj j gpwF cz ;Z j y; Ntz Lk;

j kph; kUj ;J tk;

3. Nehafs; ngUff; fhuz k; vdd?

Nehafs; ngUff; fhuz k;

- ❖ kdj d; , awi fi a tpi;L tpyfp tej Jjhd; Nehafs; ngUf Kj di kf; fhuz khFk;
- ❖ khwpgNghd cz T> khR epi wej RwWr;#oy> kd mOj j k; Mfpa %dWk; Fwpgpl j j f;f fhuz qfshFk;
- ❖ epyj i j c uqfshYk> GrrpfnfhyypfshYk; erRggLj j paJ Neha; ngUf kwnwhU fhuz khFk;
- ❖ rhpahd Ghj y; , yyhi kAk> , awi fNahL , i aeJ thoyhk; vdfpw mwpi t ehk; kwe;J tpi;J k; Nehafs; ngUff; fhuz qfshFk;

4. gsspf; Foej j fS fF kUj ;J th; \$Wk; mwpTi ufs; ahi t?

gsspf; Foej j fS fF kUj ;J th; \$Wk; mwpTi ufs;

- ❖ Neha; tej gpdG kUj ;J tki df;Fr; nry;ti j tpi tUKd; fhf;Fk; thof;fi fi a thof; fwWfnfhss Ntz ;Lk;
- ❖ rhpahd cz T> rhpahd c l wgapwrp rhpahd J}f;fk; Mfpa %dWk; eykha; thoi tf;Fk;
- ❖ tpi y cahej cz Tjhd; rhpahd cz T vdW epi df;fhky> vspi kaha;f; fpi l f;ff;\$ba fha;fwpfs> fil ufs> goqfs> rpw j hdpaqfs; Mfpatwi w cz tpy; Nrhj ;J f; nfhssNtz ;Lk;
- ❖ fz pdj j pi uapYk> i fNgrpapYk; tpi sahl ti j j; j thj ;J ehsNj hWk; Xbahb tpi sahl Ntz ;Lk;
- ❖ , uTj ;J}f;fk; kpfTk; , dwpai kahj j ha; c hpa Neuj j py; cwqfrnryy Ntz ;Lk;
- ❖ mj pfhi yapy; tpoj nj Ok; gof;fj i j Nkwnfhz ;hy; vej NehAk; mz ;l hJ.

mwæ;J gadgLj;JNthk;

c ti kj; nj hl h;fi sg; gadgLj j g; nj hl h; mi kff;

1. FdwædNkyp l tpsfi fg; Nghy

fhkuhrhpd; nj hz Lssk; **FdwædNkyp l tpsfi fg; Nghy**
mi dtuJ c ssj j pYk; gµfhrnj j J.

2. NtyNa gap i u Nkaej J Nghy

ghJ fhgGj; j uNtz ba fhtygi l Na kbth;fi sr; RLtJ **NtyNa**
gap i u Nka;tJ Nghy MFk;

3. gok; eOtg; ghyp; tpej J Nghy

fhty; mj pfhhp t l bNyNa j pUl tej j pUl i dg; ghj j
mj pfhhp;Fg; **gok; eOtg; ghyp; tpej J Nghy** , Uej J.

4. c l Yk; ca pUk; Nghy

fyhTk; nj hTk; **c l Yk; ca pUk; Nghy** , i z ghpahj Nj hopfsha;
, Uej hh;fs;

5. fæ wWj j ti s Nghy

kyypfh gbj j pUej hYk; **fæ wWj j ti s Nghy** mwæahi kAl d;
, Uej hs;

nkhoNahL tpi sahL:

fb;f;fhZ k; gl k; rhhej nrhw;fi s vOJ f:

1. , ytq;fg; gl i l

2. fhaej kpsfha;

3. kpsF

4. kyyp tpi j

5. nfhj j kyyp

6. rbfk;

7. ntej ak;

8. kUe;J mi uf;Fk; fy;

9. , ytq;fgG+

10. i j yk;

11. NrhkG

12. G» , i y

tI}jjpYss gonkhopfi sf; fz LgpbjJ vOJf:

1. Kawrp j pUtpi dahf;Fk;
2. Nehaww thoNt Fi wtww nry;tk;
3. msTf;F kwpdhy; mKj Kk; eQR.
4. gUtj Nj gap; nra;
5. tUKd; fhgNghk;
6. \$b thoej hy; Nfhb edi k.
7. Rj j k; NrhW NghLk;
8. Rth; , Uej hyj hd; rj j uk; ti ua KbAk;
9. grprR Grp
10. mwNt Mwwy;

fiLi u vz ; - 3

Nehaww thoNt Fi wtww nry;tk;

KdDi u:

“Nehaww thoNt Fi wtww nry;tk” vdgJ gonkhop
c l yeyej hd; kww vyyhr; nry;tqfi stpl Tk; rpwēj j hFk; kww
nry;tqfi sg; ngwTk> ngww nry;tj i j mDgtpf;fTk; c l yeyk; kpf
Kf;fpakhdj haj ; j pfo;fpwJ. c l i y Nehap;Ue;J fhf;Fk; Ki wfs;
gwwp , f;f l i uap; fhz Nghk;

Neha; tuf; fhuz qfs;

kdj Di la tho;T , awi fi a tpl L tpyf;g; NghdJj hd; Neha;
tUtj w;fhd Kj di kf; fhuz khFk; khwpgNghd cz T> khR epi wej
RwWr; #oy> kd mOj j k; Mfpad gw fhuz q;fshFk;

Neha; j h;fFk; topKi wfs;

j pdKk; ei l gapwrrp Nkwnfhs;Sj y> J}ai kahd fhwi w
Rthrrj j y> eyy Fbell uf; Fbj j y> ed;F grj j ggd; cz :Z j y>
Ki wahd Nahfhrdg; gapwrrp;f;f s> j pahdk> %rRggapwrrp Mfpatwi w
ehk; nra;J tej hy; Nehap;Ue;J eki k fhj ;J fnfhssyhk;

tUKd; fhj j y;

Rz i l f;fha> , Qrp Gz L> ntq;fhak> fha;fw;f;f s> fl ufs>
goq;f;f s> rpwj hd;paq;f;f s; Mfpatwi w ehk; cz tpy; Nrhj ;J f; nfhz ;l hy;
Neha; tUKd; eki kf; fhj ;J fnfhssyhk;

cz Tk; kUe;Jk;

cz i t Urp;f;f h;f cz z hky; c l yeyDf;f h;f cz z ehk;
fwWf; nfhs;S Ntz ;Lk; GNuhl bd> nfhOgG> i t l ;l kpd;f;f s>
j hJ gnghUl ;f;f s> khTrrj ;J> ehrrj ;J Nghdw vyyhk; fyej cz i t
ehk; cz z Ntz ;Lk;

KbTi u:

ehk; Neha; tUtj w;F Kd; c l yeyj i j g; ghJ fhj ;J ekf;Fk> ek;
FLkgj j p;Fk> r%fj j p;Fk; ewnray;fs; Mw;wpLNthk; mj w;F c z Tf;
fl;Lg; ghl ;Ll d; \$ba c l wga;w;rp nra;J Neha;w;w tho;T thoNthk;